

LEBANON TOUR PACKAGE

INNER BALANCE JOURNEY -Bkerzay Village

4 NIGHTS SHOUF /02 NIGHTS BEIRUT

A 5- day journey designed to restore balance through mindful nourishment, movement, and self-care in nature

ITINERARY:

DAY 1: ARRIVAL IN BEIRUT – AIRPORT TRANSFER TO HOTEL

Upon arrival at Beirut-Rafic Hariri International Airport, you will be met by our representative for a warm meet and greet service. After completing airport formalities, enjoy a comfortable private transfer to your hotel in Beirut. Check-in and overnight stay at the hotel

DAY 2: ARRIVAL TO BKERZAY RESORT -WELLNESS & RETREAT PROGRAM /4 NIGHTS STAY

After breakfast, depart from **Beirut** towards the **Chouf region**. Upon arrival, check in at **Bkerzay Village**, your peaceful haven surrounded by nature. Settle into your room and take a moment to unwind before beginning the scheduled program. Enjoy **five days of serenity**, relaxation, and reconnection with yourself—away from the noise of everyday life. Immerse yourself in the calm atmosphere, nature-inspired activities, and holistic experiences designed to help you **disconnect and recharge**



DAY 6: EXPLORE THE SHOUF & RETURN TO BEIRUT

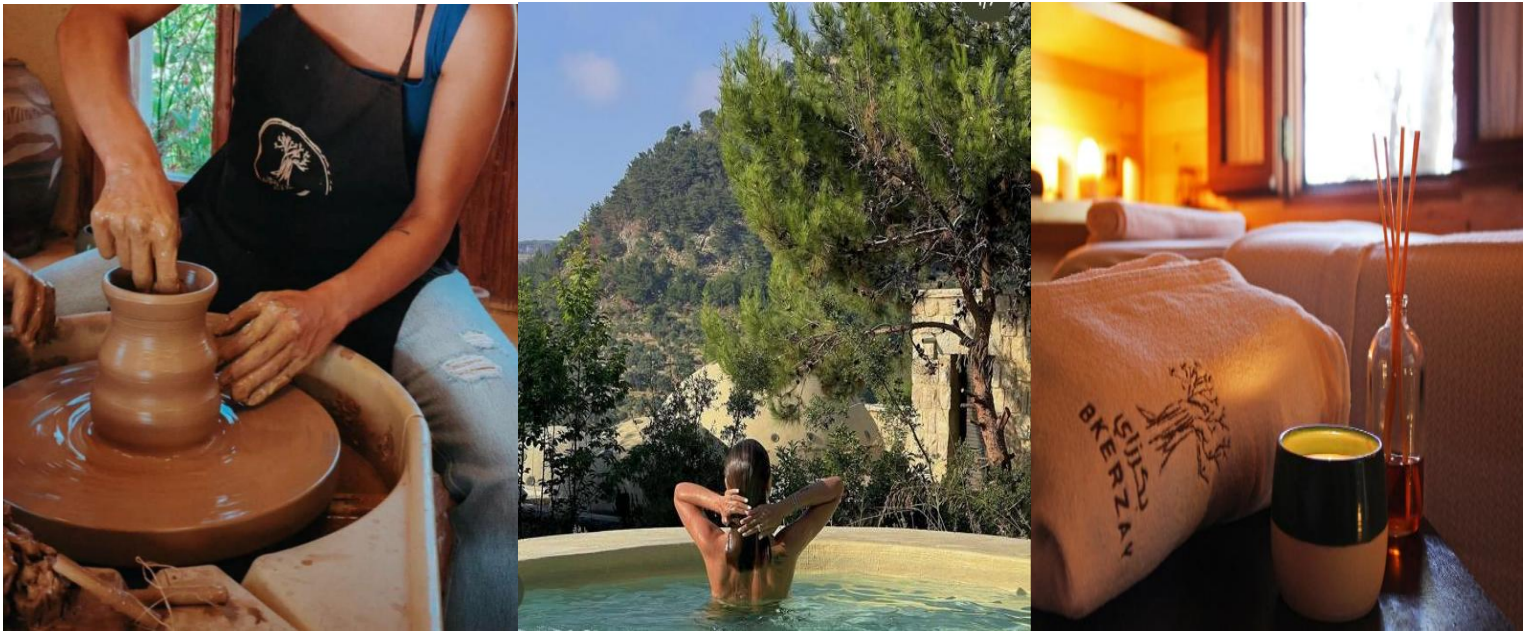
After breakfast, check out from the hotel and begin your day exploring the **Shouf's key attractions**. Visit the magnificent **Beiteddine Palace**, a masterpiece of 19th-century Lebanese architecture, followed by a nature escape to the **Barouk Cedar Reserve**, home to the famous Cedars of Lebanon and scenic walking trails. Enjoy **lunch** at a local restaurant before returning to **Beirut** in the afternoon. Upon arrival, check in at your hotel and spend the evening at leisure. **Overnight in Beirut.**

Day 7: DEPARTS WITH MANY HAPPY MOMENTS

After breakfast, Transfer to Beirut international airport for departure.

Services available at the Village:

Self-care Treatments/ Massage treatments/Swedish massage/Reflexology &Aromatherapy/ Deep Tissue Massage/ Facials/Traditional Hammam/ Tarot reading/Reiki Sessions/pottery.



STARTING RATE

1680 USD per person

BKERZAY WELLNESS RETREAT SCHEDULE:

Time	THU, NOV 6	FRI, NOV 7	SAT, NOV 8	SUN, NOV 9	MON, NOV 10
07:00-8:00		Lemon Detox	Lemon Detox	Lemon Detox	Lemon Detox
8:00-9:00		Hike with Marwan	Hike with Marwan	Hike with Marwan	Hike with Marwan
9:00-10:00		Breakfast	Breakfast	Breakfast	Breakfast
10:00-11:00	Weigh-In with Dietician Rouba El Asmar	Pilates with Ryan	Pilates with Ryan	Pilates with Ryan	Pilates with Ryan
11:00-12:00		Self-Care Treatments	Self-Care Treatments	Self-Care Treatments	Self-Care Treatments
12:00-13:00			Sophrology with Mira	Sophrology with Mira	Beauty Session with Helwé
13:00-14:00	Lunch	Lunch	Lunch	Lunch	Lunch
14:00-15:00	Check-in Rooms	Self-Care Treatments	Self-Care Treatments	Pottery with Ahmed	Check-Out
15:00-16:00	Talk with Dietitian	Acting Therapy with Elias	Healing Session With Sarah Nur		Self-Care Treatments
16:00-17:00					
17:00-18:00	Self-Care Treatments	Self-Care Treatments	Self-Care Treatments		
18:00-19:00	Sound Healing with Aya	Breath-work & Meditation with Ryan	Power Yoga with Natonthemat	Restorative Yoga with Natonthemat	
19:00-20:00	Self-Care Treatments	Self-Care Treatments	Self-Care Treatments	Self-Care Treatments	
20:00-21:00	Dinner	Dinner	Dinner	Dinner	
21:00	Interactive Meet & Greet	Outdoor Movie Night	Bonfire & Oud	Karaoke Night	

*Snacks will be served everyday at 11am & 5pm

*Snacks will be served everyday at 11am & 5pm

Package inclusive of:

- Meet & assist upon arrival to the airport
- Airport pickup & drop off from/to hotel
- 2 nights stay in Beirut with daily breakfast
- Entrance fees to Barouk natural reserve & Beit Eddine palace
- Wellness Retreat package at Bkerzay:
 - ✓ Daily nourishing meals (Breakfast-Lunch-Dinner) & snacks curated by our dietician
 - ✓ 4 nights stay at Bkerzay Village
 - ✓ Refreshments available through the day
 - ✓ Heated pool, Gym & Sauna
 - ✓ Art Pottery & acting workshops
 - ✓ Yoga meditation & Pilates sessions
 - ✓ Daily guided hikes in the nature
 - ✓ A complimentary spa treatment & night entertainment

Package Excludes:

- Airline tickets
- Visas if applicable
- Any item not mentioned above
- Travel insurance
- Personal expenses
- Tips

Globally Local™

CTS/ 25 (OCT, 2025)